

Dr. Starner Jones



Kevin Malloy



ROGER STARNER JONES JR., M.D.

Private, discrete concierge acute medical detox and outpatient psychiatry services are provided by Belle Meade AMP/Nashville Addiction Recovery.

Roger Starner Jones Jr., M.D., is a board-certified emergency and addiction medicine physician who founded this health care company with his business partner, Kevin Malloy, a former Division 1 college athlete and Wall Street hedge fund trader. The two provide a “no judgment zone” in private residences and luxury hotel suites for patients receiving treatment for alcohol or drug addictions, depression, anxiety and other mental health disorders.

“We’re providing advanced medicines, therapies and recovery strategies while adding the power of augmented artificial intelligence and pharmacogenomics to produce a new path forward in spiritual, physical and mental wellness,” says Kevin.

He says individual cases are associated with a spectrum of factors, including pandemic fatigue, mood disorders, seasonal depression, trauma, divorces, untreated post-traumatic stress disorder, bipolar disorder, grief reactions to deaths, substance use disorders, insomnia, gambling issues, sexual addiction, obsessive-compulsive disorder and recreational alcohol use.

Dr. Jones has treated more than 50,000 patients and detoxed more than 1,000 during his career.

“Often, our patients are afraid to ask for help. Many people are reluctant to go to a brick-and-mortar location to detox, and don’t want anyone to know they are struggling,” says Dr. Jones, who adds that their success rate ranges from 80-90% of those treated.

With a goal of customized treatments, he says they provide patients with a dedicated physician to develop a personalized treatment plan for their specific needs. “Patients who seek to manage anxiety, depression, bipolar disorder and post-traumatic stress disorder have the best chance of improvement when they have regular follow-up with the same physician who truly knows their medical history and current medication regimen,” he adds.

They also work with families to coordinate interventions and help convince users that treatment is the right answer.

Their therapy treatments typically last five to 14 days. “Most patients feel better during the first few hours,” says Dr. Jones, who is a graduate of the Addiction Medicine Fellowship in the Department of Psychiatry at Vanderbilt University Medical Center.

The practice offers comprehensive mental health evaluations. Other outpatient elements incorporated into their medical services are prescription refills, IV therapy, fitness routines, yoga, music, nutrition, in-home sessions, in-office or telehealth services.

Kevin says every household has its own issues. “The lifestyle of Americans has changed. The party atmosphere starts in high school, ignites in college and continues throughout adulthood. Legalization of marijuana and a ‘rosé all day’ attitude affects Americans in different ways. I believe all people are just one person away from a friend or loved one with addiction.”

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